



Est. May 2004

### Committee Members

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Debbie Morris (**Bookkeeper**) 072 125 7458; Philip Stunden (**Membership Secretary**) 083 655 5108;  
Lynda Connellan (**Secretary / Outings**) 041 364 3038; 082 421 3967.  
[www.u3ape.co.za](http://www.u3ape.co.za)

## June 2023 News Letter.

Greetings to all our members and to all the Dads have a great Fathers Day on the 18<sup>th</sup> June 2023.

**This Month's Meeting: Tuesday 27<sup>th</sup> June 2023.**

The speaker will be **Rachel Colenso**. Rachel is a popular conference and inspirational speaker, and one of just a few female mountain guides in the world. Rachel hit world headlines when she was stranded on a sheer face at 3000m during an extreme blizzard in the Swiss Alps. After two nights on a tiny ledge with 1000 metre drops each side she was evacuated by helicopter.

**Venue:** Newton Park Library Auditorium,

**Time:** 09h45 for 10h00 to 11h00 try to be there early if you are paying subscription for the new year.

### **Fees:**

**Membership fees** for 2023 will be R100.00 for the year.

**New Members:** R100 plus a registration fee of R10 = R110.00

**Magnetic Name Tags** are available at R10.00.

**Visitors:** R20 per visit

**This Month's Outing: 9<sup>th</sup> June 2023 at 10h00. Address: 134 Kempston Road, Korsten.**  
We will visit **The Book Binding Services.**

Those who want to follow me can meet at Pick n Pay Newton Park parking at 09h30.

**Charity Box.** Please bring any old denims for the SOS Children's Village creative project and any used clothes for the SANTA TB patient's charity.

**SANTA  
PORT ELIZABETH**



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Dear Pam

**THANK YOU! THANKYOU! THANK YOU!**

The SANTA PE Executive committee thank you for the donation of clothing made to this NGO in support of its effort in relieving the needs of adult and child TB patients and family affected by the curable but debilitating Tuberculosis disease.

May your generosity continue to be blessed as we turn your donation into practical help for TB patients in the PE Metro.

We Care, and we thank You for your care and support.

Yours sincerely, *M Prinsloo.*

Maureen Prinsloo, Office assistant

## **Recording of U3A Meetings from round SA.**

Watch in your own time. Highlight on blue address below, then Copy (Ctrl c) then go to Google & paste (Ctrl v). This is U3A SA Library, 2 x click on town to see if there are any recording.

[https://drive.google.com/drive/folders/1DcBXj-ADQxcH96eFk-1Q7F\\_IBNCbOx6?usp=sharing](https://drive.google.com/drive/folders/1DcBXj-ADQxcH96eFk-1Q7F_IBNCbOx6?usp=sharing).

## **LAST WORDS:**

### **8 Pieces of wisdom that can change your life.**

1. Words are powerful, use them wisely.
2. People come and go, but the right ones stay.
3. You are doing enough even if it doesn't feel like it.
4. Failure is when you don't try.
5. Random acts of kindness make everyone feel better.
6. Live for today, not for tomorrow.
7. Never look back, there is nothing there for you.
8. Over thinking kills happiness.

Lessons taught by life.

See You at the Meeting.

God Bless.

Lynda

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