



Est. May 2004

### **Committee Members**

Marjorie Malkin (**Chairman**) 041-3732148; Sheila Forrest (**Vice-Chairman**) 074 455 8332; Philip Stunden (**Treasurer**) 083 655 5108;  
Pam Lewis (**Speaker Co-ordinator**) 072 372 2260; Luzelle & Jimmy Hutchison (Committee Members) 083 443 0491;  
Lynda Connellan (**Secretary / Outings**) 041 364 3038; 082 421 3967.

[www.u3ape.co.za](http://www.u3ape.co.za)

## **July 2023 News Letter.**

Greetings to all our members.

**This Month's Meeting: Tuesday 25<sup>th</sup> July 2023.**

The speaker will be **Graham Taylor** on the subject **The Toponymy of Nelson Mandela Bay**. Toponymy is the study of place names. Graham will discuss the meaning of place names as they have been applied in the city and how such names have changed over time.

**Venue:** Newton Park Library Auditorium, Corner of Hurd St & 4<sup>th</sup> Ave. Newton park.

**Time:** 09h45 for 10h00 to 11h00 try to be there early if you are paying subscription for the new year.

### **Fees:**

**Membership fees** for 2023 will be R100.00 for the year.

**New Members:** R100 plus a registration fee of R10 = R110.00

**Magnetic Name Tags** are available at R10.00.

**Visitors:** R20 per visit

**This Month's Outing: Friday 14<sup>th</sup> July 2023 at 10h00. Address:** 134 Kempston Road, Korsten. We will visit **The Book Binding Services**. There is parking on site.

Those who want to follow me can meet at Pick n Pay Newton Park parking at 09h30.

### **Recording of U3A Meetings from round SA.**

Watch in your own time. Highlight on blue address below, then Copy (Ctrl c) then go to Google & paste (Ctrl v). This is U3A SA Library, 2 x click on town to see if there are any recording.

<https://drive.google.com/drive/folders/1DcBXj-ADQxcH96eFk-1Q7F-IBNCbOx6?usp=sharing>.

**Charity Box.** Please bring any old denims for the SOS Children's Village creative project and any used clothes for the SANTA TB patient's charity.

### **Rhythm Of Africa.**

For more info contact Melanie Manson on 041 360 7070 (mornings only) or e-mail [melanie@stfrancishospice.za.org](mailto:melanie@stfrancishospice.za.org) **R190 & R180 | 29 & 30 July | Feather Market Centre, Gqeberha**

Brought to you by

 Investec

OUT OF THE ORDINARY

## *Rhythm of Africa*

### Save the date

Brought to you by Investec, in aid of  
St Francis Hospice and  
in memory of the late Philipp Rowland Gutsche.

### *Featured artists*

Judith Sephuma  
Loyisa Bala  
The Eastern Cape Philharmonic Orchestra  
conducted by Richard Cock

### *Featured Songs*

The Jabulani Medley  
Paradise Road  
Asimbonanga  
Weeping.

29 - 30 July 2023

SATURDAY - 7 PM  
SUNDAY - 3 PM

TICKET BOOKINGS:  
Book through Quicket  
R190 & R180

VENUE:  
Feather Market  
Centre, Gqeberha

MORE INFO:  
Melanie Manson  
on 041 360 7070

St Francis  Hospice



### **LAST WORDS:**

I've sure gotten old!  
I have outlived my feet and my teeth  
I've had two bypass surgeries, a hip replacement,  
new knees, fought prostate cancer and diabetes  
I'm half blind, can't hear anything quieter than a jet engine,  
take 40 different medications that make me dizzy,  
winded, and subject to blackouts.  
Have bouts with dementia.  
Have poor circulation; hardly feel my hands and feet anymore.  
Can't remember if I'm 85 or 92.  
Have lost all my friends. But, thank God,  
**I still have my driver's license.**

See You at the Meeting.  
God Bless.  
Lynda

[www.u3ape.co.za](http://www.u3ape.co.za)