



Est. May 2004

Committee Members

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www.u3ape.co.za

January 2024 News Letter.

Happy New Year to all our members.

Hi Folks,

We the committee hope you all had a blessed time over the holidays with family and friends, and wish you a healthy, peaceful and prosperous 2024.

We start the New Year with the good news that the pump that was not working and causing the flooding at the Library has been fixed. Now if we can only sort out the load shedding we can get back to having regular meetings.

This Month's Outing: Thursday 25th January 2024 at 10h00. Free Volkswagen Factory Tour, Uitenhage. The tour includes a special, one-hour guided tour of Volkswagen state-of-the-art vehicle production facilities. They take us round on a little train and for those interested the Auto Pavilion will be open to walk around.

NB Please let me know urgently if you would like to book as there are only 20 places per tour.

After VW we will visit **Cyler Manner Museum**, for Tea or Coffee and Roosterkoek with butter, Jam & cheese for R 40.00 and a free tour of the Manner House.

NB You can order Bread baked in the stone oven, 4 Vetkoek or 4 Roosterkoek at R15.00

Directions to Cyler Manner is on the old road to Dispatch R367, pass railway workshops, 1st turning right at the SAP K9 Unit sign, this is on the Cyler manner property.

Those who want to follow me or share cars can meet at Pick n Pay Newton Park parking at 09h00. Those sharing please make a contribution to petrol +/- R40.00.

This Month Speaker: Tuesday 30th January 2024. Time 09h45 for 10h00

Inge Human: Currently Inge is employed as Manager of Wings and Wishes – a NPO that transports critically & chronically ill children to medical facilities outside of their home town.

Next Month Speaker: Judy Venter PR Guest Speaker For National Sea Rescue.

Venue: Newton Park Library Auditorium, Corner of Hurd Street & 4th Ave. Newton Park.

Time: 10h00

It's that time of the year again when fees are due.

Fees:

Membership fees for 2024 will remain at R100.00 for the year.

New Members: R100 plus a registration fee of R10 = R110.00

Magnetic Name Tags are available at R10.00 each.

Visitors: visitor & folks who have not yet paid membership fees R20.00 per person.

Banking Details: Name: U3A PE, Ned Bank, Savings Acc. no. 200 731 1232. Branch code 198 765. You can do an EFT or pay cash at the meeting, please come early if paying cash.

Please make sure your name & cell number is on the deposit slip, What App picture of deposit slip with your name & cell number to Lynda at 082 421 3967 or email it to secretary@u3ape.co.za

Charity Box. Please bring any old denims for the SOS Children's Village creative project and any used clothes for the SANTA TB patient's charity.

Recording of U3A Meetings from round SA.

Watch in your own time. Highlight on blue address below, then Copy (Ctrl c) then go to Google & paste (Ctrl v). This is U3A SA Library, 2 x click on town to see if there are any recording.
https://drive.google.com/drive/folders/1DcBXj-ADQxcH96eFk-1Q7F_IBNCbOx6?usp=sharing.

LAST WORDS:

Today I learned about a term called a "glimmer."

Which is the opposite of a trigger.

Glimmers are those moments in your day that make you feel joy, happiness, peace or gratitude.

Once you train your brain to be on the lookout for glimmers, These tiny moments will appear more and more.

If you ever see me talking to myself, just move along.
I am self-employed and we are having a staff meeting.

See you at the Outings & the Meeting.
God Bless.
Lynda

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