



Est. May 2004

Committee Members

Marjorie Malkin (**Chairman**) 041-3732148; Sheila Forrest (**Vice-Chairman**) 074 455 8332; Les Reynard 072 380 0076.
Pam Lewis (**Speaker Co-ordinator**) 072 372 2260; Lynda Connellan (**Secretary / Outings**) 041 364 3038; 082 421 3967.
www.u3ape.co.za

May 2024 News Letter.

Happy Birthday to all our members.
This month our U3A PE has been going for 20 years.

This Month's Speaker on Tuesday 28th May, 2024. Time 09h45 for 10h00

Samkelo Giyose (Sam), we met him at Cyler Manor, he will talk on **The Museum Story**

Next Month's Speaker: Ronnie Naude from MES (Mould, Empower, Serve) a homeless shelter.

Venue: Newton Park Library Auditorium, Corner of Hurd Street & 4th Ave. Newton Park.

Fees

Membership fees for 2024 will remain at R100.00 for the year.

New Members: R100 plus a registration fee of R10 = R110.00

Magnetic Name Tags are available at R10.00 each.

Visitors: visitor & folks who have not yet paid membership fees R20.00 per person.

Banking Details: Name: U3A PE, Ned Bank, Savings Acc. no. 2007311232. Branch code 198765.
You can do an EFT or pay cash at the meeting, please come early if paying cash.

Please make sure your name is on the deposit slip. Take a photo of it & send a What App picture of deposit slip to Lynda at 082 421 3967 or email it to secretary@u3ape.co.za

This Month's Outing: The SA Air Force Museum on Thursday 16th May, 2024 at 10h00.

Entrance is free but I thought a R10.00 each donation would help them & R25.00 for tea, coffee & scones.

Address: At the end of Forest Hill Drive, behind the air port.

Next Month's Outing: Novus Printing they print the News Papers. 13th June. 2024.

Charity Box. Please bring any old denims for the SOS Children's Village creative project and any used clothes for the SANTA TB patient's charity.

Novena and scripture sharing group for ladies. Thursdays, at my home in Greenshields Park (except when we have the U3A outing) from 10 am - 11 am. If interested, please what's app Margaret Hicks on 0738354303 for more information.

**Some Photos From Our Outings.
Green On The Hill.**



Coffee at the Grass Roof.



Recording of U3A Meetings from round SA.

Watch in your own time. Highlight on blue address below, then Copy (Ctrl c) then go to Google & paste (Ctrl v). This is U3A SA Library, 2 x click on town to see if there are any recording.

https://drive.google.com/drive/folders/1DcBXj-ADQxcH96eFk-1Q7F_IBNCbOx6?usp=sharing

LAST WORDS by Brooke Hampton.

No, we don't need more sleep.
It's our souls that are tired, not our bodies.
We need nature. We need magic. We need adventure.
We need freedom. We need truth. We need stillness.
We don't need more sleep, we need to wake up and live.

At our age rolling out of bed in the morning is easy.
Getting up off the floor is another story.

See you at the Outings & the Meeting.
God Bless. Lynda