



Est. May 2004

### **Committee Members**

Marjorie Malkin (**Chairman**) 041-3732148; Sheila Forrest (**Vice-Chairman**) 074 455 8332; Les Reynard 072 380 0076.  
Pam Lewis (**Speaker Co-ordinator**) 072 372 2260; Lynda Connellan (**Secretary / Outings**) 041 364 3038; 082 421 3967.  
[www.u3ape.co.za](http://www.u3ape.co.za)

## **March 2024 News Letter.**

Greetings to all our members.

**This Month's Speaker: Tuesday 26<sup>th</sup> March 2024. Time 09h45 for 10h00**

**Trefor Lloyd & Ruth Stasiak will take you Caving and Exploring Underground.**

Exploring the last unexplored places on our planet.

**Our Annual General Meeting**; will be held at 10h00 on Tuesday 30<sup>th</sup> April 2024 and will be followed by our speaker **Malcolm Kinghorn from Military History Society**, he will talk about Seabed Critical Infrastructure Warfare.

**Venue:** Newton Park Library Auditorium, Corner of Hurd Street & 4<sup>th</sup> Ave. Newton Park.

**It's that time of the year again when fees are due.**

**Membership fees** for 2024 will remain at R100.00 for the year.

**New Members:** R100 plus a registration fee of R10 = R110.00

**Magnetic Name Tags** are available at R10.00 each.

**Visitors:** visitor & folks who have not yet paid membership fees R20.00 per person.

**Banking Details:** Name: U3A PE, Ned Bank, Savings Acc. no. 2007311232. Branch code 198765. You can do an EFT or pay cash at the meeting, please come early if paying cash.

**Please make sure your name & cell number is on the deposit slip** when sending a What App picture of deposit slip to Lynda at 082 421 3967 or email it to [secretary@u3ape.co.za](mailto:secretary@u3ape.co.za)

**This Month's Outing: Thursday 14<sup>th</sup> March 2024 at Time 11h00.**

**Visit the Logos Hope Book Ship** in the harbour. Entrance is free for all over 65 years. Please meet at the harbour, use the Fleming Road entrance, go through check point, **show ID.** Keep left Mc Carthy Street (next to train lines), before the fence turns left and find parking. Meet at the first tree (near Oceanlink). **Trefor & Ruth will take you through.** Please wear comfortable shoes as it's quite a walk to the ship.

**PLEASE WEAR YOUR BADGES & BRING YOUR ID BOOKS.**

**Next Month's Outing** to **Green on the Hill** a farm that utilizes hydroponic techniques to grow Vegetables.

**Voting:** For those over 65 who would like to register for special votes on 27 & 28 May 2024, between 08h00 & 17h00 (so you don't need to queue). Contact Ann Marie 082 303 7352 with your ID Number & Cell number.

**Charity Box.** Please bring any old denims for the SOS Children's Village creative project and any used clothes for the SANTA TB patient's charity.



4 Longclaw Drive, Milnerton, Cape Town, 7441  
**+27 21 434 4011** | [info@searescue.org.za](mailto:info@searescue.org.za) | [nsri.org.za](http://nsri.org.za)  
VAT Reg. No. 4920114818 | Co. Reg. No. 1967/013618/08  
NPO Reg. No. 002 – 870 | PBO File No. 18/11/13/28

U3A PE. 04 March 2024

Thank you so much for your support. It means a lot to us. Our rescue crew are all unpaid volunteers who, at a moment's notice, will leave their families or their workplace to head out to assist a stranger. Our crew spend hours training and honing their skills. We are a well equipped team and join hands with other rescue services to search for and rescue any person, or animal, who finds themselves in difficulty on the sea or on inland estuaries, rivers and dams. From time to time we step in and assist during civil emergencies such as fires and floods. Many times we are able to successfully bring home a loved one, other times all we can do is sit with a family and support them when they need it most.

Without contributions like yours, we simply could not afford the equipment we need to do the job. In addition to our rescue equipment, boats and fuel – we also secure funds for maintenance and crew insurance.

Thank you again for taking the time to reach out to us and assist us in such a practical way.

We are very grateful.

Kind regards

Alison Smith FUNDRAISING MANAGER.

### **Wings And Wishes.**

For the folks who would to support this very worthy cause go to [www.wingsandwishes.org](http://www.wingsandwishes.org)

### **Recording of U3A Meetings from round SA.**

Watch in your own time. Highlight on blue address below, then Copy (Ctrl c) then go to Google & paste (Ctrl v). This is U3A SA Library, 2 x click on town to see if there are any recording.

<https://drive.google.com/drive/folders/1DcBXj-ADQxcH96eFk-1Q7F-IBNCbOx6?usp=sharing>

### **LAST WORDS:**

I see people my age out there climbing mountains and zip lining.

And here I am feeling good about myself because I got my leg through my underwear, without losing my balance.

See you at the Outings & the Meeting.

God Bless.

Lynda

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