



Est. May 2004

#### **Committee Members**

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### **February 2025 News Letter.**

Happy Valentine's Day to all our members.

#### **This Month Speaker: Tuesday 25<sup>th</sup> February 2025. Time 09h45 for 10h00**

##### **Mike Burton's TREADING A DELICATE TIGHTROPE**

A principal balancing between education and political change during turbulent times.

Please join us after the meeting for tea/coffee & the best carrot cake at Conyngham Coffee Shop for your own pocket.

**Please note new permanent venue:** EP Children's Home, corner Conyngham Rd & Lenox St. Glendinningvale. See photos at end of this news letter.

**February Outing: Tuesday 18<sup>th</sup> February 2025 at 10h00:** National Sea Rescue Institute, Visit Station 6 and the NSRI Boat at the small boat harbour.

**March Outing: Thursday 13<sup>th</sup> March 2025 at 10h00:** St Croix Motor Museum.

Address: 16 Worraker Street, Newton Park.

#### **It's that time of the year again when fees are due.**

**Membership fees** for 2025 will remain at R100.00 for the year.

**New Members:** R100 plus a registration fee of R10 = R110.00

**Magnetic Name Tags** are available at R10.00 each.

**Visitors:** visitor & folks who have not yet paid membership fees R20.00 per person.

#### **Banking Details:**

Name: U3A PE, Ned Bank, Savings Acc. no. 200 731 1232. Branch code 198 765 (no spaces). You can EFT or pay cash at the meeting, please come early if paying cash.

**Please make sure your name & cell number is on the deposit slip,** What App photo of deposit slip to Lynda at 082 421 3967 or send email proof of payment to [lyndapconnellan@gmail.com](mailto:lyndapconnellan@gmail.com)

**Charity Box.** Please bring any old denims for the SOS Children's Village creative project and any used clothes for the SANTA TB patient's charity.

#### **Recording of U3A Meetings from round SA.**

Watch in your own time. Highlight on blue address below, then Copy (Ctrl c) then go to Google & paste (Ctrl v). This is U3A SA Library, 2 x clicks on town to see if there are any recording.

[https://drive.google.com/drive/folders/1DcBXj-ADQxch96eFk-1Q7F\\_IBNCbOx6?usp=sharing](https://drive.google.com/drive/folders/1DcBXj-ADQxch96eFk-1Q7F_IBNCbOx6?usp=sharing).

## LAST WORDS:

A professor stood before his philosophy class and had some items in front of him. When the class began, he wordlessly picked up a very large and empty mayonnaise jar and proceeded to fill it with golf balls. He then asked the students if the jar was full. They agreed it was.

The professor then picked up a box of pebbles and poured them into the jar. He shook the jar lightly and the pebbles rolled into the open areas between the golf balls. He asked the students again if the jar was full. They agreed it was.

The Professor next picked up a box of sand and poured it into the jar. Of course, the sand filled up everything else. He asked once more if the jar was full. The students responded with a unanimous 'yes.'

The professor then produced two beers from under the table and poured the entire contents into the jar effectively filling the empty space between the sand. The students laughed.

'Now' said the professor as the laughter subsided, I want you to recognize that this jar represents your life. The golf balls are the important things – Your family, your children, your health, your friends and your favourite passions - and if everything else was lost and only they remained, your life would still be full. The pebbles are the other things that matter like your job, your house & car. The sand is everything else – the small stuff.

If you put the sand into the jar first; he continued, there is no room for the pebbles or the golf balls. The same goes for lift. If you spend all your time and energy on the small stuff you will never have room for the things that are important to you.

Pay attention to the things that are critical to your happiness. Spend time with your children. Spend time with your parents. Visit with grandparents. Take your spouse out to dinner. Play another 18. There will always be time to clean the house and mow the lawn.

Take care of the golf balls first—the things that really matter. Set your priorities. The rest is just sand. One of the students raised her hand and inquired what the Beer represented.

The professor smiled and said, 'I'm glad you asked.' The Beer just shows you that no matter how full your life may seem, there's always room for a couple of Beers with a friend. By: Tribble Reese.

## What the new venue looks like in Conyngham Rd.



Main entrance, turn sharp Left before the building, go through security gate turn right and parking.



Entrance to the hall **with no stairs**. Come through security gate, go straight through under the arch find parking follow the path to the hall.



Entrance to the hall with stairs.



To open the security gate. Press EPCH Office And they will open the gate for you.

See you at the Outings & the Meeting.

God Bless.

Lynda

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