

# U3A SA Zoom 500 activities for October 2021

Green: Hosted by Peter Lawson

Red: Hosted by Esme Goldblatt

DAY AND COURSE NAME	CO-ORDINATOR	EMAIL	WEEK	TIME	D A T E	SPEAKER	TOPIC
<b>MONDAY</b>							
Science Group	Ken Buchanan	buchanankj2@gmail.com	1 <sup>st</sup>	10h00	4	Dr Donn� Minn�, a registered clinical neuropsychologist and post-doctoral fellow from the Applied Microbial and Health Biotechnology Institute at Caput in Cape Town.	Can Rooibos support brain health?
Political Discussion Group	Ken Garlick	<a href="mailto:stefanpretorius877@gmail.com">stefanpretorius877@gmail.com</a>	1st and 3rd	14h00	4		
Armchair Travel	Ian Glass	<a href="mailto:stefanpretorius877@gmail.com">stefanpretorius877@gmail.com</a>	3 <sup>rd</sup>	10h00	1	Ian Glass	"Three months in Japan"
TED Circles	Grace Smith	<a href="mailto:grace@kingsley.co.za">grace@kingsley.co.za</a>	2nd & 4th	15h30	1 1 & 2		

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Southern Scribes	Susan Kilfoyle	<a href="mailto:susan.kilfoyle6@gmail.com">susan.kilfoyle6@gmail.com</a>	2nd	10h00	1 1		
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Environmental Topics	Linda Pollard	<a href="mailto:desmondandlinda@icloud.com">desmondandlinda@icloud.com</a>	4th	10h00	2 5	Dr Ernst Baard Exec Dir: Conservation Operations - CapeNature	Surviving for a thousand years; gone in the blink of an eye. The plight of the geometric tortoise
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<b>TUESDAY</b>							
U3A Jhb Computer Course	Andrew Pearce	<a href="mailto:andrewpearce4477@gmail.com">andrewpearce4477@gmail.com</a>	every except 3rd	10h00	5 , 1 2 , & 2 6		
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U3A Jhb East	Penny Mackrory	<a href="mailto:pennymac@icon.co.za">pennymac@icon.co.za</a>	2nd	14h00	1 1	Toby Shapshak	How innovation in Africa is better. And how mobile is changing everything.
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U3A Jhb Monthly Speaker	Marlene Armstrong	<a href="mailto:Marlene2@vodamail.co.za">Marlene2@vodamail.co.za</a>	3rd	10h00	1 9	JILL GORTON and ROHAN QUINCE	WRITERS BEAR WITNESS BETWEEN THE WARS 1919 – 1939
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Prof M James alternating Science and History	Prof Michael James	<a href="mailto:stefanpretorius877@gmail.com">stefanpretorius877@gmail.com</a>	2nd	10h00	1 1  O c t	Mike James	Of Werewolves, George III and South Africa – A tale of Porphyria”.
Literature Study Group	Geri Goldblatt	<a href="mailto:ger.ggoldblatt@gmail.com">ger.ggoldblatt@gmail.com</a>	4 <sup>th</sup>	14h00	2 6  O c t		Bruno Bettelheim (with some controversy) interpreted the psychological aspect of European folk and fairy tales in <i>The Uses of Enchantment</i> . I’ll be leading what should be an interesting discussion on this topic. I am sure you are all familiar with the light side of Little Red Riding Hood!
U3A Richards Bay	Lydia Bailey	Lydia.bailey@hotmail.com	2nd	17h30	1 2  O c t	Dr Derek Fish	Astrology: Fact or Fiction?
<b>WEDNESDAY</b>							
Non-fiction Book Club	Marcia Raymond	<a href="mailto:marciaraymond3@gmail.com">marciaraymond3@gmail.com</a>	1st	10h00	6  O c t		
ZWAG (Zoom Wine Appreciation Group)	Sorella van Hoogstraten	<a href="mailto:sorella@mweb.co.za">sorella@mweb.co.za</a>	1st	17h00	6  O c t		
Johannesburg North	Barbara Holcroft	<a href="mailto:barbaraholcroft@gmail.com">barbaraholcroft@gmail.com</a>	2nd	10h00	1 3  O c t	Alexis KRIEL	She is Co-Chairperson for the African Pangolin Working Group. Alexis started working with pangolins in 2014 with the

							rehabilitation of pangolin pups in the Central African Republic – she qualifies as one of a handful of people in the world who had worked hands-on with three of the four African pangolin species.
Art and Texts	Peter Hyslop	<a href="mailto:stefanpretorius877@gmail.com">stefanpretorius877@gmail.com</a>	3rd	10h00	20		Homer and Greek art of the Archaic and Early Classical periods.
Global warming - the end of the line?	Prof Leonard Suransky	<a href="mailto:leosur@gmail.com">leosur@gmail.com</a>	4th	10h00	27		
<b>THURSDAY</b>							
History	Cherril Charman	<a href="mailto:ccharman@hotmail.co.za">ccharman@hotmail.co.za</a>	3rd	14h30	21	Mick Furman	Plumbing Through the Ages
Communicating in Bridge	Peter Lawson	<a href="mailto:lawsonp@gmx.com">lawsonp@gmx.com</a>	2nd	10h30	14		Signals
Communicating in Bridge	Peter Lawson	<a href="mailto:lawsonp@gmx.com">lawsonp@gmx.com</a>	3rd	10h30	21		Doubles
Current Affairs	Leonard Suransky	<a href="mailto:leosur@gmail.com">leosur@gmail.com</a>	1st	10h00	7		

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U3A CT's Monthly General Meeting	Stefan Pretorius	<a href="mailto:stefanpretorius877@gmail.com">stefanpretorius877@gmail.com</a>	last	10h00	28	Prof Ian Goldin	Rescue – From a Global Crisis to a Better World
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U3A Knysna "Anything Goes" talk	Cathie Garner	<a href="mailto:cathie.garner55@gmail.com">cathie.garner55@gmail.com</a>	3rd	10h30	21		TBA
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<b>FRIDAY</b>							
Ballet	Sorella van Hoogstraten	<a href="mailto:sorella@mweb.co.za">sorella@mweb.co.za</a>	1st	10h00	1		
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Opera	Sorella van Hoogstraten	<a href="mailto:sorella@mweb.co.za">sorella@mweb.co.za</a>	3rd	10h00	15		Sandy Sharpe will present
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Neuroscience	Jenni Sharkey	<a href="mailto:jennisharkey@gmail.com">jennisharkey@gmail.com</a>	last	14h00	29	Jenni Sharkey	Various topics covered, that support EQ
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U3A Cape Town's website: <http://www.u3a-ct.org.za/>

Details of the Hiking Groups are available on the website: <https://sites.google.com/site/u3actwalking/>